



## African/Caribbean Soulfood Lunch Boxes 2021 £9.00 each

**\*Minimum 10 People\***



Tasty African & Caribbean Dishes to delight your taste buds. Individually packaged very delicious and fulfilling lunch boxes of Nigerian and Jamaican mixed soul food dishes. Made with Souldelicious own blend of cooking sauces and spices that gives you that Home cooked feeling.

Each box comes with a rice base, meat or vegetarian/vegan topping and fried plantain.

### **Rice** (1 per person)

Jollof Rice prepared in Souldelicious own spicy tomato sauce (V) (GF) (NF) (DF) **Mild VEGAN**

Rice n Peas with Red Kidney beans and Coconut milk (V) (GF) (NF) (DF) **VEGAN**

White Rice (V) (GF) (NF) (DF) **VEGAN**

### **Topping** (1 per person)

Lamb Suya (grilled sliced meat) (GF) (DF) (H) 

Beef Suya (grilled sliced meat) (GF) (DF) (H) 

Jerk Chicken Wings (GF) (NF) (DF) (H) **Mild**

BBQ Chicken Wings (GF) (NF) (DF) (H)


Coconut Curry Vegetable Stir Fry (V) (GF) (NF) (DF) **VEGAN**

Efo Riro (Vegetable Stew) (V) (GF) (NF) (DF) **VEGAN**




Ewa Riro (Stewed Beans) (V) (GF) (NF) (DF) **VEGAN**

### **Extras (£2 each)**

Fried Plantain (GF) (NF) (DF) (H) (V) **VEGAN**

Smoky Jerk Sauce (GF) (NF) (DF) (V) **VEGAN** 

Smoky BBQ Sauce (GF) (NF) (DF) (V) **VEGAN**

Pepper Relish (GF) (NF) (DF) (H) (V) **VEGAN**    **V.HOT**

Cheddar Bay Biscuits (Cheese scones) (NF) (V)

(GF) Gluten Free (NF) Nut Free (DF) Dairy Free (H) Halal (V) Vegetarian