



## African/Caribbean Souffood Buffet from £16 Per Head 2021

**\*Minimum 10 People\***



A selection of soul-food Nigerian and Jamaican dishes served buffet style. Hot food arrives in disposable foil or Gastronorm trays for hire at £12 each with fuel. The buffet menu comprises of 1 Meat or Chicken option, 1 Vegetarian/Vegan option, 1 Rice option and Fried Plantain. We also provide Place Cards for each item displaying Name of Food and Allergen information so your crowd can read before eating.

### Rice Options

Fried Rice with Souldeliciouz unique blend of spices (GF) (NF) (DF) (V) **VEGAN**

Jollof Rice prepared in Souldeliciouz own spicy tomato sauce (GF) (NF) (DF) (V) **VEGAN Mild**

Rice n Peas with Red Kidney beans and Coconut milk (GF) (NF) (DF) (V) **VEGAN**

White Rice (GF) (NF) (DF) (V) **VEGAN**

### Meat Options

Nigerian Fried Beef in Tomato Stew (GF) (NF) (DF) (H) **Mild**

Giz Dodo: Chicken Gizzards cooked in spicy sweet sauce and plantains (GF) (NF) (DF) (H) **HOT**

BBQ Chicken (GF) (NF) (DF) (H)

Jerk Chicken (GF) (NF) (DF) (H) **Mild**

Jamaican Curry Goat (GF) (DF) (NF) (H) **Mild**

### Vegetarian/Vegan Options

Asaro (Yams cooked in spicy tomato sauce served with Pepper Relish) (V) (GF) (NF) (DF) (H) **VEGAN**

Coconut Curry Vegetable Stir Fry (V) (GF) (NF) (DF) (H) **VEGAN**

Efo Riro Vegetable Stew (No Meat) (V) (GF) (NF) (DF) (H) **VEGAN Mild**

Ewa Riro (Stewed Beans) (GF) (NF) (DF) (V) **VEGAN**

**\*Additional food items outside of the set menu will incur an extra charge Per Person below\***

**Meat £6.00, Chicken £5.00, V/Vegan £4.00, Rice £4.00, Side Salad £3.00, Plantain £2.00**

(GF) Gluten Free (NF) Nut Free (DF) Dairy Free (H) Halal (V) Vegetarian